



New Horizons CSB
Columbus, Georgia

Latonia Taylor, Program Coordinator

POPULATION(S) OF FOCUS

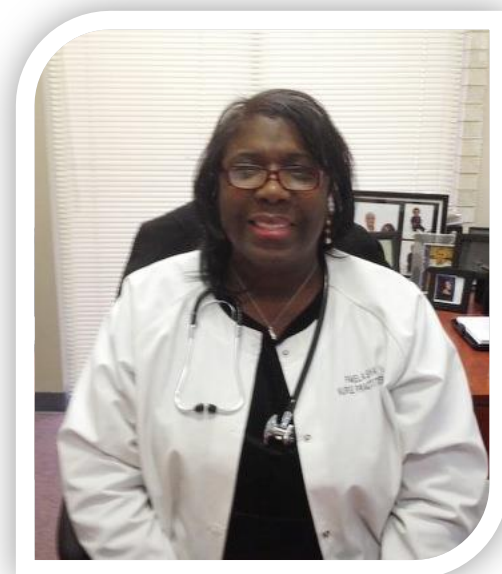
The goal of BetterLife is to improve the physical health status of at least 70% of adults served with the objectives of supporting the triple aim of improving health of those with SPMI enhancing consumer's experience of care including quality, access and reliability; and reducing the per capita cost of care.



PRIMARY CARE TEAM

YEAR ONE OF PROGRAM SERVED 154 CONSUMERS

YEAR TWO OF PROGRAM HAVE SERVED 201 CONSUMERS



Primary Care

Doctor Grant Scarborough a graduate of Mercer University is double Board certified in Pediatrics and internal medicine. He has over 7 years of experience in providing medical care for the poor in Georgia.

Psychiatry

Dr. Pamela Shaw-Grant earned her doctorate in Nursing Practice from the University of Alabama at Birmingham in August of 2013. She is a Certified Family Nurse Practitioner with ANCC and American Academy of Nurse Practitioners since 1997.



SUCCESSSES TO DATE

Healthy Nutrition and Exercise

- Fitness Room
 - Walking trail
- Nutritional Education

Diabetes-Hypertension-Weight Management



SUCCESSSES TO DATE

Smoking Cessation

- Support Groups
- Nicotine Patches
 - Journals

COPD – Emphysema – Cancers

Chronic Bronchitis

SUCCESSES TO DATE

Peer Specialist (2)

in Partnership with Consumers

- Educate through wellness activities
 - Facilitate groups
- Encourage and promote wellness health services

SUCCESSES TO DATE

Care Managers (2)

in Partnership with Consumers

- Referral Community Support Services
 - Monitor Consumer Progress
 - Reinforce Peer Supports
- Engage Consumers in care management (comprehensive, care coordination, transitional and follow-up services).

LOOKING AHEAD...

- **BetterLife** continues to seek a strong partnership with a dentist to collaborate with providing integrated primary care services.
- **BetterLife** is looking to add another doctor day through our primary care partner.
- **BetterLife** is looking to expand hours for primary care to 40 hours a week with a 24/7 on call service.